



## Regional Summit Schedule

### Day 1: Tuesday, October 13

8:30-8:45 Welcome in Main Stage

8:45-9:45 Morning General Session in Main Stage **Catrena Bowman-Thomas & Priya Klocek** All Talk Little Change: Diversity, Equity and Inclusion in Action

9:50-10:35 Breakout Sessions

Breakout 1 Danielle Johnson Mental Wellness During Times of Crisis

Breakout 2 Melissa Kirkpatrick Drive from Stuck to Unstoppable

Breakout 3 Kay Fittes Maximize Your Effectiveness with Powerful Presentations

10:45-11:15 Networking Session in Breakout Rooms

11:15-Noon Breakout Sessions

Breakout 1 Florence Tandy, Carol Butler & Johnna Reeder Kleymeyer Women in the Boardroom, Stepping Up to Lead

Breakout 2 Dr. Davis Robinson Framing Success: 6 Keys for Professional Fulfillment

Breakout 3 Rachel DesRochers How to Build from Mission

12:10-12:30 Debrief in Main Stage

### Day 2: Wednesday, October 14

8:30-8:45 Welcome in main stage

8:45-9:45 Morning General Session in Main Stage **Angel Beets** Elevate Your Leadership Influence

9:50-10:35 Breakout Sessions

Breakout 1 Vanessa Mosley Agility in Times of Change

Breakout 2 Nancy Aichholz Nurturing and Utilizing Entrepreneurial Skills in any Work Setting

Breakout 3 Sarah Tsi Be Your Own CEO

10:45-11:15 Networking Session in breakout rooms

11:15-12:00 Breakout Sessions

Breakout 1 Virginia Braden Body Talk: Understanding Non-Verbal Communication in Work and Life

Breakout 2 Shannon Danesteh Promoting Professional and Business Growth Through Social Media

Breakout 3 Angie Taylor Accidental Career: Finding Your Purpose Through Meaningful Work

12:10-12:30 Debrief in Main Stage